

PATRICIA MOREIRA-CALI, M.S., R.D/L.D., CDE

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EDUCATION Certified Diabetes Educator.

Licensed to practice, 1999

Dietetic Registration, 1990

Licensed to practice Dietetics by the CDR, 1992 CDR# 809869

Licensed to practice by the State of Florida, 1999 Lic#0232313

Master of Science in Nutrition. University of California at Davis, 1991

Bachelor of Science in Dietetics. University of California at Davis, 1987

PROFESSIONAL EXPERIENCE Clinical Dietitian/Diabetes Educator/Speaker/Researcher, Diabetes & Nutrition

Education Center (DNEC). Established own Diabetes and Nutrition Education Center (DNEC) with a successful referral source from the practices of several physicians. Act as the coordinator and educator for the DSME program. Educates diabetic patients, most with several co-morbidities. Partnered with diagnostic and pharmaceutical companies to present education to staff and patients in various medical settings. Conducts research and presents work at national and international professional meetings. (July 2004 – present)

Clinical Dietitian/Diabetes Educator, The Diabetes Center at North Florida Regional Medical Center, Gainesville, Florida. Acting as the sole dietitian, assessed diabetic and non-diabetic patients' nutritional and educational needs, provided education individually and in group settings, and developed educational materials in a multidisciplinary setting. Trained dietetic students and presented community lectures. (Aug. 2001-Aug. 2004)

Adjunct Professor, Santa Fe Community College and Consulting Dietitian, University of Florida, Gainesville, Florida. Taught Human Nutrition course. (Jan. 2000-Dec. 2003)

Clinical Dietitian/Diabetes Educator, Ocala Regional Medical Center, Ocala, Florida. Assessed patients' nutritional risks and needs and provided nutritional education to in-patients. Reviewed diabetes program for Hispanic population and taught diabetes classes in English and Spanish at the Diabetes Center. (Dec. 2000-Aug. 2001)

Consulting Dietitian, Cardiovascular Center of South Florida, Miami. Developed a cardiology nutrition management program, created educational materials, provided nutrition information for web site, and counseled patients on dietary management of hyperlipidemia, hypertension, weight, and diabetes. (Feb. 1999 - Mar. 2000)

Clinical Dietitian/ Diabetes Educator, Baptist Hospital of Miami/Joslin Diabetes Center. Assessed patients' nutritional risks and needs, provided nutritional education to in-patients; counseled eating disorder, diabetic, overweight and a variety of other patients at the outpatient clinic; trained dietetic students; engaged in CQI projects; conducted health fairs, and lectured at schools and other health facilities. (Nov. 1997 - Jan. 2000)

Adjunct Professor, Florida International University, Miami, Florida. Taught several sessions of the course World Nutrition, a three part course which includes human nutrition, world hunger, and domestic hunger issues. Participated actively in evaluation of course content and style and guest-lectured for other disciplines. (Aug. 1997 - Dec. 1999)

Public Health Nutritionist, Solano County Health Department, California. Provided nutrition services in a multi-faceted public health program. Taught classes for the Diabetes Education and Support Program in both English and Spanish, developed education materials for low literacy patients, provided individual counseling to patients from various nutrition programs such as WIC, CHDP, DESP and CPSP. (Aug. 1996 - Jan. 1997)

Public Health Nutritionist, CommuniCare Health Centers, Davis, California. Assessed nutritional needs and counseled clients from the General Medicine and Prenatal Clinics in English and Spanish. Acted as Supervising Nutritionist during the last years of service. (Feb. 1986 - Aug. 1996)

Post Graduate Researcher, University of California, Davis. Performed experiments in laboratory setting, trained and supervised assistants, analyzed data, co-wrote publications, and presented seminars at the University's Nutrition Department and Medical School. (Aug. 1991 - Jul. 1995)

Laboratory Research Assistant, University of California, Davis. Performed experiments, analyzed data, presented seminars and abstracts in scientific meetings. (Jun. 1986 - Jun. 1991)

LANGUAGES Trilingual: fluent in English, Portuguese and Spanish.

PUBLICATIONS

P. Moreira-Cali. Initiating Insulin Therapy: The Importance of Diabetes Education. Diabetes Insight Vol. 01:10, Aug. 2010

P. Moreira-Cali, S. Gezan. Decrease in the Use of Hypoglycemic Agents, Long Term Weight Loss and Diabetes Control Achieved in Adults with Type 2 Diabetes Receiving Nutrition Therapy. ADA, 191-OR, 2010

P. Moreira-Cali, S. Gezan. Long Term Weight Loss and Diabetes Control are Achievable in Patients with Type 2 Diabetes on Insulin Therapy. ADA, P-1868, 2010

P. Moreira-Cali. Lifestyle Modification: Advice from a Dietician and Diabetes Educator. Auto-Digest Family Practice Vol. 58:03, Jan. 2010

P. Moreira-Cali, S. Gezan. DM2 Patients on Insulin who Receive Nutrition Therapy Can Achieve the Same DM Control and Weight Loss as Patients Not on Insulin. International Diabetes Federation Abstract P-1451, 2009

P. Moreira-Cali. Diabetes Control can be Achieved without Increase in Hypoglycemic Medication in Adults with Type 2 DM Receiving Medical Nutrition Therapy. International Diabetes Federation 2009

P. Moreira-Cali. Medical Nutrition Therapy Impact on Metabolic Control of Adults Newly Diagnosed with DM2. American Association of Diabetes Educators, Aug. 2007

P. Moreira-Cali, E. Pagett. Effectiveness of MNT Provided in a Non-ADA Certified Program on the Control of DM2. American Association of Diabetes Educators, Aug. 2007

P. Moreira-Cali. Effectiveness of Medical Nutrition Therapy on the Metabolic Outcome of Adults with Type 2 Diabetes Mellitus. International Diabetes Federation, Dec. 2006

P. Moreira-Cali. The Impact of Nutrition Education on the Metabolic Control of Adults with Type 2 Diabetes Mellitus. International Diabetes Federation Dec. 2006

G. C. Douglas, P. Moreira-Cali, B. Lonnerdal, B.F. King. Uptake of 125I-Labeled a[2]-Macroglobulin and Albumin by Human Placental Syncytiotrophoblast In Vitro. J. Cell. Biochemistry 68:427-435, 1998.

B. Lonnerdal, P. Moreira-Cali, M. Kennedy, G.C. Douglas, B.F. King. Binding and Uptake of 125I-Labeled a[2]M-Macroglobulin by Human Placental Syncytiotrophoblast in Vitro. FASEB J.: 7-4, 1993.

P. Moreira-Cali, C. Kunz, B. Lonnerdal. Quantification and Analysis of Preterm Milk from Mothers Delivering at Different Gestational Ages. FASEB J.: 6-4, 1992.

M. Sigma, P. Moreira, B. Lonnerdal. Protein Utilization from Cow Milk Formula and Soy Formula in an Infant Primate Model. FASEB J.: 2-4, 1988.

PROFESSIONAL AFFILIATIONS American Diabetes Association (ADA)
American Association of Diabetes Educator (AADE)
International Diabetes Federation (IDF)
Gainesville Association of Diabetes Educators (GADE)

HONORS Omicron Nu Honor Society
Phi Sigma Scientific Research Society

REFERENCES Available upon request